

Biochemistry 2022-23

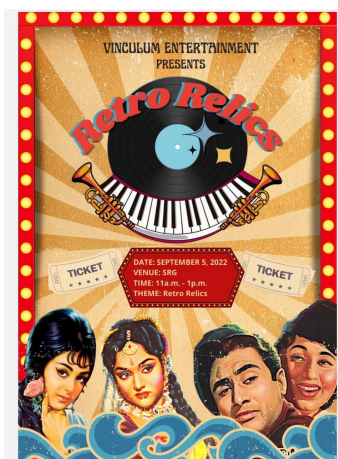
S.No.	Name of the Activity
1.	Teachers Day Celebration
2.	Dharamshila Rahat Medical Care Centre Visit
3.	Interface 2.0
4.	Technical Fest: Elixir 2023 "Tradition to Trend"
5.	Saraswati Pooja
6.	Sound Healing Session
7.	Visit to THSTI
8.	Visit to ACBR
9.	Trip to EOD
10.	Fresher's Party

Teachers Day Celebration

Date - 05, September 2022

Venue-SRG

To honour their teachers for guiding them throughout, The Students of Biochemistry Department organised a celebration of Teacher's Day. Each teacher was dressed as a 90s actor or actress, as suggested by the theme "Retro Relics," and the event began with a theatrical performance by the students which was later followed by several Bollywood games which everyone enjoyed. The teachers also received a memento as token of gratitude and appreciation from their second and third-year students.



Attendance (Second & Third years)

1. Aakanksha Chhokra
2. Akansha Bisht
3. Ananya Tyagi
4. Anushka Saxena
5. Bulbul Saxena
6. Dakshita
7. Disha
8. Harshita
9. Pragya
10. Omika
11. Paridhi

12. Prerna
13. Rigzin
14. Saumya Anand
15. Shambhavi Mishra
16. Shravani
17. Simran
18. Tarushi
19. Thinles
20. Vanshika
21. Shiwani
22. Waniya Khalid
23. Deepesh
24. Poonam Morya
25. Aakriti Singh
26. Anushka Sharma
27. Arisha
28. Bindiya
29. Dolly
30. Manisha
31. Manshi Mehra
32. Priti Khati
33. Rambha Kumari
34. Riya Sharma
35. Sanskriti
36. Shiksha Kumari
37. Vaishali Teotia
38. Anuradha

Visit to Dharamshila Rahat Medical Centre Care

Date-16th September,2022

Venue-Dharamshila Dharamshila Rahat Medical Centre Care,Vasundhara Enclave

Department of Biochemistry in collaboration with UNNAT BHARAT ABHIYAAN , organised a visit to Dharamshila Rahat Medical Centre Care to make the Students of Biochemistry Department &UBA aware of cancer. The session was conducted by Dr Suvresha Khanna (founder of Dharamshila Medical Centre Care), Dr Amit Jain. The session included the following:

- Prevention and its types- primary prevention , secondary prevention , tertiary prevention
- How to achieve primary prevention
- Palliation and palliative care and its status in India
- Hospice care
- Benefits and challenges of Palliative care
- Persons involved in providing Palliative care

Participants in the audience discussed their own first-hand knowledge of cancer patients. In order to volunteer for the forthcoming project run by the DRMC, some students also added their names. The lesson was both engaging and educational. Dr Lakshmi Sarin and Dr Mohita Bhagat felicitated the presenters. With refreshments, the event drew to a close. It was a huge success.

NOTICE :

शाहीद राजगुरु कॉलेज ऑफ एप्लाइड साइंसेस फॉर वुमिन
SHAHEED RAJGURU COLLEGE OF APPLIED SCIENCES FOR WOMEN
(UNIVERSITY OF DELHI)
(फिजी विप्लवियामस)
सुवंधरा एन्क्लेव (अड्जोइंग चिल्ड्रेन स्पोर्ट्स कॉम्प्लेक्स में पास)
Vasundhara Enclave (Adjoining Child Sports Complex)
दिल्ली-110096
फोन : 22623503, 22623505
टेलीफैक्स : 22623504
Delhi-110096
Phone(s) : 22623503, 22623505
Phone/Fax : 22623504


दिनांक / Date : 14/9/22


संदर्भ नं./Ref. No. SRCASW:.....


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
Unnat Bharat Abhiyan, SRCASW in collaboration with Department of Biochemistry is organizing a "Visit to Dharamshila Rahat Medical Centre" to create awareness about early cancer diagnosis and supportive and palliative care. The teachers, students and staff of the college are requested to attend the same. The same is scheduled on 16th September 2022, Friday.

Reporting Time: 12 noon
Venue: Dharamshila Cancer Hospital,
Rahat Medical Centre


Prof. Payal Mago
Principal & Chairperson, UBA


Dr. Sadhna Jain
TIC, Department of Biochemistry


Dr. Lakshmi Sarin
Convenor, UBA


Dr. Mohita Bhagat
Co-convenor, UBA

Poster:

 SHAHEED RAJGURU COLLEGE OF APPLIED SCIENCES FOR WOMEN
University of Delhi 

 **UNNAT BHARAT ABHIYAN** 

in collaboration with

DEPARTMENT OF BIOCHEMISTRY
is organising a

VISIT TO DHARAMSHILA RAHAT MEDICAL CENTRE

"Your illness doesn't define you, but your strength and courage do."

Create awareness about early cancer diagnosis and supportive and palliative care



BELIVE HOPE FIGHT 

 Date: 16th Sept 2022
 Reporting Time: 12 noon
 Venue: Dharamshila Rahat Medical Centre
Convenor : Dr. Lakshmi Sarin
Co-Convenor :Dr. Mohita Bhagat TIC: Dr. Sadhna Jain
Patron : Dr. Payal Mago

For queries, contact: Akansha Bisht:8587043865 Anushka Saxena:9571086230

Picture:

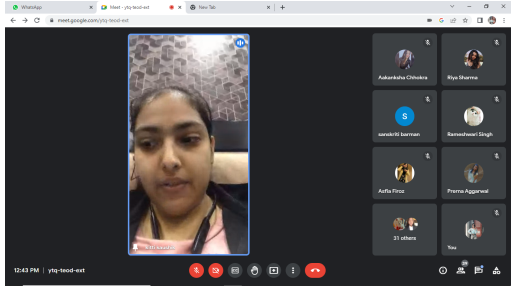
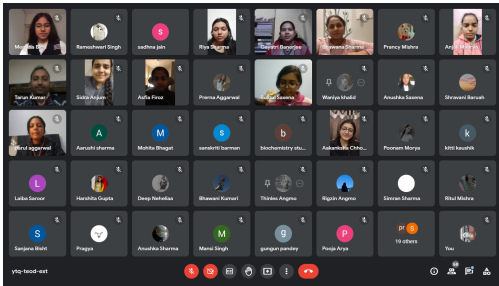
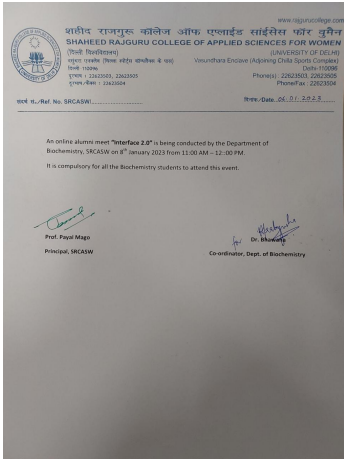


INTERFACE 2.0

Date: 8th January 2023

Venue: Online Google Meet

The Alumni of the Biochemistry Department were invited. The session began by welcoming the guests. The motive behind the event was to provide career guidance. Speakers shared information about various PG entrance exams, and other options available after Bachelors. They gave an overview of PG exams, strategies to prepare for entrances, and references or study materials that are useful for cracking the exams. After that a Debate and discussion section was held for the post of Joint Secretary between Kitti Kaushik and Bhawani Kumari. Winner of the Student Council election was declared as Kitti Kaushik.



Attendance:

1. Aakanksha Chhokra
2. Anushka Saxena
3. Bulbul Saxena
4. Dakshita Joshi
5. Deepesh Nehelia
6. Disha
7. Harshita Gupta
8. Paridhi Singh
9. Pooja Arya
10. Poonam Morya
11. Kumari Pragya Viraj
12. Perna Aggarwal
13. Rigzin Angmo
14. Omika
15. Shambhavi Mishra
16. Shravani Baruah
17. Simran Sharma
18. Waniya Khalid
19. Thinles Angmo
20. Vanshika Tyagi
21. Anuradha sharma
22. Anushka sharma
23. Arisha siddiqui
24. Chandrika sinha
25. Dolly kumari
26. Mansi mehra
27. Priti khati
28. Riya sharma
29. Sanskriti barman
30. Asfia Firoz
31. Aarushi Sharma
32. Bharti
33. Kamyia Sharma
34. Kitti Kaushik
35. Laiba Saroor
36. Mansi Singh
37. Pratingya Rath
38. Pragya
39. Prancy Mishra
40. Pratiki Kundu
41. Pratiksha Singh
42. Rafia Rahman
43. Rameshwari Singh
44. Ritul Mishra
45. Sanjana Bisht
46. Sanvi Karn
47. Shahina Parveen
48. Shreya Dubey
49. Sify singh

ELIXIR'23 "Tradition To Trend"

Date - 16-17 th January,2023

Venue- SRG and Basement

The Department of Biochemistry organised its Annual Technical Fest "Elixir 23" on January 16-17, 2023. The event was inaugurated with a warm welcome by Ms Anushka, Dr. Sadhna Jain and Dr. Bimla Pawar by lighting the lamp and then the platform was handed over to our esteemed speaker Dr. Deep Shikha Punera she briefed about Ayurgenomics: Bridging the tradition of holistic healthcare with modern approaches of precision medicine. Then the Q/A session were held where participants asked their questions and the speaker cleared all the doubts. Session 2 started with the beautiful quote of Yajurveda that describes how to live a healthy life for up to 100 years. The Speaker told us about the strength of the traditional health system i.e. ayurveda in the present era. The session was so enlightening. Everyone was very much satisfied and the session ended with an interactive Q&A round. Later that day, the department under the aegis of IQAC organised a poster presentation competition 'Vichaarkosh 2.0' on the topic 'Tradition to Trend' Winner for the Vichaarkosh competition were 1st Position: Urvi Singh, Nandini Sharma and pristine Sharma, Sri Venkateswara college, 2nd Position: Bulbul Saxena & Saumya Anand, SRCASW, 3rd Position: Hadiya, Reeva, Anushka and Monika. Sri Venkateswara college followed by the announcement of the Student of the Year Award. Student of the year batch (2020-23) Shravani Baruah. and Student of the year batch (2021-24)- Sanskriti Barman. On the 2nd day of ELIXIR 23 Dr. J.P Sharma, Indira Gandhi Institute of Physical Education & Sports Sciences (University of Delhi) spoke on "Role of Yama and Niyama in Daily life." The department then invited everyone to take part in the Surya Namaskar Challenge in collaboration with Physical Education and Sports Sciences. The event begin at 12:40pm and the winners for the competition were 1st Prize Anika Yadav, SRCASW 2nd Prize - Kanishka, Gargi College 3rd Prize Anushka Aggarwal, Miranda House followed by a selfie treasure hunt competition 'Faster Jester First' the winners were 1st Winner Divya, SRCASW, 2nd Winner-Prancy, SRCASW and 3rd Winner - Deepesh & Asfia, SRCASW.

Posters

SHAHEED RAJGURU COLLEGE OF APPLIED SCIENCES FOR WOMEN
(UNIVERSITY OF DELHI)
NAAC "A+" Grade | NIRF Ranking: 36

DEPARTMENT OF BIOCHEMISTRY
"Innovation is our tradition"

PHYSICAL EDUCATION AND SPORTS SCIENCES
under the aegis of IQAC

invites you
TO THE ANNUAL TECH FEST

ELIXIR'23 - TRADITION TO TREND

Day 1 | - 16/01/2023

Inauguration	10:30 AM	(SRG)
Talk Session 1	11:00 AM-12:00 PM	(SRG)
Talk Session 2	12:00 -1:00 PM	(SRG)
Vichaarkosh 3.0		
Poster Presentation Competition 2 PM Onwards		(LT-B1)

Day 2 | - 17/01/2023

Welcome of Guest	10:30 AM	
Talk Session	11:00 AM- 12:00 PM	(SRG)
Surya Namaskar	12:30PM onwards	(Basement yoga & aerobics area)
Fastest Jester First	2:00 PM onwards	(SRG)

Convener Dr. Sadhna Jain (Biochemistry department)	Co-convener Dr. Bimla Pawar (Physical education department)	Organising team Faculty (Biochemistry department)	Reach us at vinculum@rajguru.du.ac.in
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SHAHEED RAJGURU COLLEGE OF APPLIED SCIENCES FOR WOMEN
(University of Delhi)
NAAC "A+" Grade| NIRF Ranking: 36

DEPARTMENT OF BIOCHEMISTRY
"Innovation is our tradition"

PHYSICAL EDUCATION AND SPORTS SCIENCES
Under the aegis of IQAC

Presents
ELIXIR'23 - TRADITION TO TREND
"TALK SESSION"

DAY 1- 16.01.2023| II AM ONWARDS| SRG-G

AYURGENOMICS: BRIDGING THE TRADITION OF HOLISTIC HEALTHCARE WITH MODERN APPROACHES OF PRECISION MEDICINE
Ms. DEEP SHIKHA PUNERA
Time: 11:00 a.m-12:00 p.m

STRENGTH OF TRADITIONAL HEALTH SYSTEM I.E. AYURVEDA IN THE PRESENT ERA
Dr. SAKSHI SHARMA
Time: -12:00 p.m -1:00 p.m

DAY 2- 17.01.2023| II AM ONWARDS| SRG-G

ROLE OF YAMA AND NIYAMA IN DAILY LIFE
Dr. J.P. SHARMA
Time: 11:00 a.m-12:00 p.m

Registration link : <https://forms.gle/aQwFRVtYvYdV7zs>

Convener Dr. Sadhna Jain (Biochemistry Department)	Co-Convener Dr. Bimla Pawar (Physical Education Department)	Organizing Team Faculty (Biochemistry Department)	Reach us at vinculum@rajguru.du.ac.in
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SHAHEED RAJGURU COLLEGE OF APPLIED SCIENCES FOR WOMEN
(University of Delhi)
NAAC "A+" Grade | NIRF Ranking: 36

DEPARTMENT OF BIOCHEMISTRY
"Innovation is our tradition"

under the aegis of IQAC presents
TRADITION TO TREND
under
ELIXIR'23
organizes
VICHAARKOSH 3.0
Poster Presentation Competition

16 JANUARY 2023 2:00 PM

THEMES:
1. ROLE OF APPLIED SCIENCES IN ENVIRONMENTAL SUSTAINABILITY.
2. AYURVEDA, NUTRACEUTICALS AND YOGA: A HOLISTIC APPROACH FOR WELL BEING.

Rules & Regulations:-

- Each team can comprise up to 4 members.
- No plagiarism shall be entertained.
- The posters can be digital/printed/handmade.
- All members are free to explain the poster during the event.
- Language of presentation should be same throughout.
- The duration of presentation should not exceed 5 minutes.

Win Cash Prizes
₹ 3000
₹ 2000
₹ 1000

DATES OF SUBMISSION:-
Abstract: December 30, 2022
Poster: January 10, 2023

REGISTRATION LINK:-
<https://forms.gle/rakKoeGqzha2dHDB6>

For Queries Contact:
Aakanksha Chhokra: 9711332325
Riya Sharma: 7668418797

Convener Dr. Sadhna Jain (Biochemistry Department)	Co-Convener Dr. Bimla Pawar (Physical Education Department)	Organizing Team Faculty (Biochemistry Department)	Reach us at vinculum@rajguru.du.ac.in
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SHAHEED RAJGURU COLLEGE OF APPLIED SCIENCES FOR WOMEN
(University of Delhi)
NAAC "A+" Grade | NIRF Ranking: 36

DEPARTMENT OF BIOCHEMISTRY
"Innovation is our tradition"

under the aegis of IQAC presents
TRADITION TO TREND
under
ELIXIR'23
organizes
SURYA NAMASKAR CHALLENGE

17 JANUARY 2023 12:30 PM BASEMENT (YOGA & AEROBICS AREA)

Rules & Regulations:-

- You've to attempt maximum no. of surya namaskars in one minute.
- You should be doing 12 asanas of Surya Namaskar with good posture.
- This is an individual participation competition.
- Performance with flexibility and relaxing body will be judged.
- Coordination of body parts will be judged.

Win Cash Prizes
₹ 1000
₹ 700
₹ 500

LAST DATE OF REGISTRATION:-
January 10, 2023

REGISTRATION LINK:-
<https://forms.gle/hL16OpPRqxqhXxxX6>

For Queries Contact:
Aakanksha Chhokra: 9711332325
Riya Sharma: 7668418797

Convener Dr. Sadhna Jain (Biochemistry Department)	Co-Convener Dr. Bimla Pawar (Physical Education Department)	Organizing Team Faculty (Biochemistry Department)	Reach us at vinculum@rajguru.du.ac.in
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SHAHEED RAJGURU COLLEGE OF APPLIED SCIENCES FOR WOMEN
(UNIVERSITY OF DELHI)
Accredited with NAAC "A+" Grade

VINCULUM
The Student Council of

DEPARTMENT OF BIOCHEMISTRY
"Innovation is our tradition"

under the aegis of IQAC celebrating
TRADITION TO TREND
under
ELIXIR'23
Presents
FASTEST JESTER FIRST
"A SELFIE-TREASURE HUNT COMPETITION"

Date :- 17th January
Timing :- 2 pm onwards
Venue:- SRG

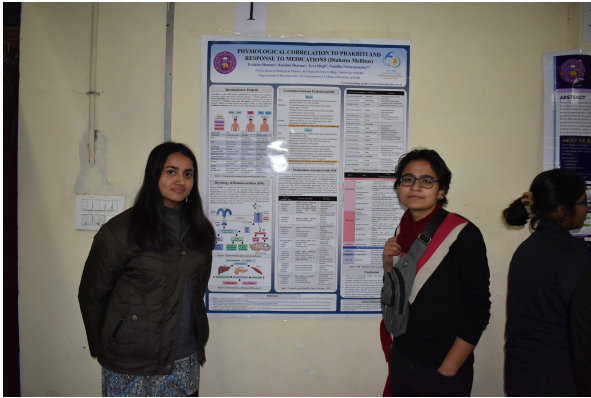
RULES:-

- Participation is independent for registered candidates, formation of groups is not permitted.
- Plagiarism shall not be entertained.
- Damage to college property is strictly prohibited.
- Any obscene selfies or content violating basic decorum will not be accepted.

Deadline for*
Registration via google form*: 16 Jan 2023.
Only till 12 noon
Submission of selfies*: After 1.5 hours

Exciting gifts for the winners

Pictures:



Attendance:

1	Asfia Firoz	32	Chandrika sinha
2	Sanjana Bisht	33	Dolly kumari
3	Mansi singh	34	Mahak singh
4	Shreya Dubey	35	Manisha Machra
5	Rameshwari singh	36	Priti Khati
6	Pratingya Rath	37	Priya rai
7	Rafia Rahman	38	Rambha kumari
8	prancy mishra	39	Riya sharma
9	Bharti kumari	40	Sanskriti barman
10	Pratiksha Singh	41	Shiksha kumari
11	Shahina Parveen	42	Vaishali teotia
12	Sify Singh	43	Aakanksha Chhokra
13	Sanvi karn	44	Ananya Tyagi
14	Yakshi	45	Anushka Saxena
15	Pratiki Kundu	46	Bulbul Saxena
16	Gungun	47	Dakshita Joshi
17	Avishi Chugh	48	Disha
18	Mohika	49	Harshita Gupta
19	Sana Parveen	50	Kumari Pragya Viraj
20	Laiba Saroor	51	Omika
21	Leena	52	Paridhi Singh Panwar
22	Ritul Mishra	53	Pooja Arya
23	Kitti kaushik	54	Prerna Aggarwal
24	Kamya Sharma	55	Rigzin Angmo
25	Bhawani Kumari	56	Saumya Anand
26	Naina Sehwat	57	Shambhavi Mishra
27	Aakriti singh	58	Shravani Baruah
28	Anuradha	59	Simran Sharma
29	Anushka sharma	60	Tarushi Arvind Arya
30	Arisha	61	Thinles Angmo
31	Bindiya	62	Vanshika Tyagi
		63	Poonam Morya
		64	Shiwani Panchal
		65	Deepesh

Picture:



Attendance:

1. Asfia
2. Rameshwari
3. Pratingya
4. Sanvi
5. Bhawani
6. Ritul
7. Rafia
8. Bharti
9. Mansi Singh
10. Kitti
11. Leena
12. Prancy
13. Shahina
14. Kamya
15. Yakshi
16. Manshi
17. Dolly
18. Priti
19. Priya
20. Mahak
21. Rambha
22. Chandrika
23. Anuradha
24. Arisha
25. Sanskriti
26. Riya
27. Vaishali
28. Anushka Sharma
29. Prerna
30. Tarushi
31. Anushka Saxena
32. Disha
33. Poonam
34. Deepesh
35. Pragya
36. Thinles
37. Rigzin
38. Saumya
39. Shambhavi
40. Shravani

Visit to THSTI (Translational Health Science and Technology Institute), Faridabad

Date-28 th February,2023

Venue-Visit to THSTI (Translational Health Science and Technology Institute), Faridabad

On the occasion of National Science Day, Few students of Biochemistry Department went to attend the events held at THSTI where the opening remarks were given by Professor Pramod Garg (Executive director, THSTI). After then there is a series of talk session which includes:-

1. Development of vaccines (Dr. Sweety Samal, Principal Scientist-II, THSTI)
2. Academia- Industry collaboration for vaccine development (Dr. Syed Khalid Ali, Chief Scientific Officer, Panacea Biotech)
3. How to assess if the vaccine works? Real life examples (Dr. Vidushi Gupta, Senior Research Scientist, THSTI)

After the finish of the talk session, a science quiz competition was organised by them where different teams participated, among which SRCASW received Second position.The educational visit was concluded with a guided tour to the labs.

Picture/



Visit to ACBR, University of Delhi

Date - 17 th March,2023

Venue - ACBR,University of Delhi

The Third year students of the biochemistry department got a golden opportunity to visit ACBR for practicals of Advanced Methodology. The Students were accompanied by Dr. Bhawana Sharma.

Workshop began with a brief discussion about Western blot technique for protein purification and then students were demonstrated with a hands on experiment and Demo of PCR. Prof. Sanjay Dey from ACBR was our Mentor for the Day.

All the students enjoyed and learned a lot in a comfortable environment.



Attendance:

1. Aakanksha Chhokra
2. Ananya Tyagi
3. Anushka Saxena
4. Dakshita Joshi
5. Disha
6. Harshita Gupta
7. Omika
8. Paridhi Singh Panwar
9. Purna Aggarwal
10. Rigzin Angmo
11. Saumya Anand
12. Shambhavi Mishra
13. Shravani Baruah
14. Simran Sharma
15. Tarushi Arvind Arya
16. Thinles Angmo
17. Vanshika Tyagi
18. Poonam Morya
19. Shiwani Panchal
20. Deepesh
21. Waniya

Trip to EOD

Date - 24th March,2023

Venue- EOD adventure park, Mayur Vihar

The Department of Biochemistry organised a one-day outing to EOD (Each Other Day), where students participated in a wide range of activities alongside their teachers, including zip lining, laser tag, rain dances, archery, bull riding, and body zorbing. The tree top course was the most entertaining and highly anticipated. Together, everyone clicked photos and had a great time.



Attendance:

1. Sanvi	31. Asfia
2. Pratiki	32. Sifi
3. Pratingya	33. Rafia
4. Shreya	34. Bharti
5. Shahina	35. Ritul
6. Prancy	36. Pratingya
7. Bhawani	37. Gungun
8. Vaishali	38. Kitty
9. Priti	39. Prancy
10. Manshi	40. Pratiki
11. Chandrika	41. Kamya
12. Sanskriti	42. Leena
13. Anuradha	43. Naina
14. Bindiya	44. Rameshwari
15. Priya	45. Sanvi
16. Rambha	46. Shaheena
17. Disha	47. Yakshi
18. Poonam	
19. Deepesh	
20. Omika	
21. Pragya	
22. Anushka Saxena	
23. Tarushi Arya	
24. Shravani	
25. Waniya	
26. Prerna	
27. Paridhi	
28. Thinles	
29. Bulbul	
30. Shiwani	

Fresher's Party

Date - 27th March,2023

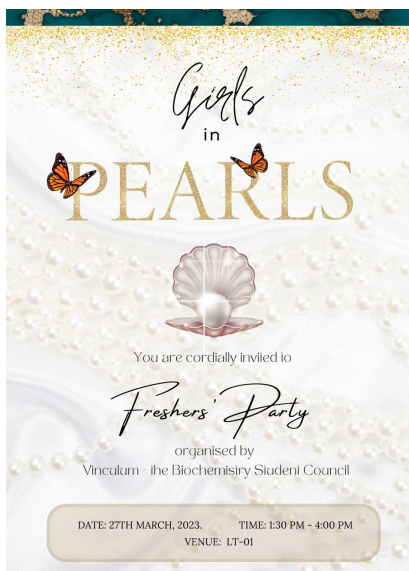
Venue- LT 01

The students of the biochemistry department (Second & Third years) organised a fresher party ' Girls in Pearls'. The event was attended by 30 students in total.

The event commenced with a ramp walk of the newcomers and their respective introductions to showcase their talents. All these performances were a blend of various types of dances, songs and poetry followed by a dance performance by 2nd year students. Several fun games were played,musical chairs, Burst & Blow (Balloons).Light refreshments were also made available to all the attendees.

The event came to an end with the title giving ceremony for Miss Fresher, Miss congeniality and Miss well dressed based on their performance.

Poster and pictures :



Attendance:

1. Aakanksha Chhokra
2. Pragya
3. Thinles
4. Shambhavi
5. Vanshika
6. Ananya
7. Saumya
8. Rigzin
9. Perna
10. Tarushi
11. Poonam
12. Deepesh
13. Omika
14. Shiwani
15. Bulbul
16. Shravani
17. Waniya
18. Anushka Saxena
19. Arisha
20. Anushka Sharma
21. Anuradha
22. Bindiya
23. Dolly
24. Manshi
25. Mahak
26. Priti
27. Priya
28. Rambha
29. Riya